

Sparrow Caregivers raise awareness through Wear Red Day

On **Wear Red Day**, Sparrow Caregivers helped raise awareness of the fight against heart disease and stroke in women. With education and action, 80 percent of cardiac and stroke events may be prevented.



Sparrow helps sponsor MSU Pink Out Game

Sparrow was proud to be a sponsor of the **MSU Women's Basketball Pink Out** game vs. Maryland to support women's cancer research. The Spartans wore pink shoes and jerseys.



Mary Free Bed's SafeGait equipment helps Patients walk again

Our Mary Free Bed at Sparrow rehabilitation unit is now one of the few places in Michigan using the **SafeGait equipment** that allows Patients to learn to walk again or become comfortable with walking after suffering a stroke or fall.



Go behind the scenes at Sparrow

Omar Muhammad exemplifies the dedication and enthusiasm that Sparrow Caregivers have for their work. [View other behind-the-scenes stories.](#)



Sparrow Specialty Hospital Caregivers support "Super Michael"

Caregivers and family members of Patient Michael Bryde showed their support for him as he headed to surgery by wearing **"Super Michael"** T-shirts.



Sparrow Hospital Among Statewide Healthcare Leaders in Tissue and Organ Tissue Donations

Sparrow has worked closely with **Gift of Life Michigan** to support donors and their families. Gift of Life officials said Sparrow's critical care units have embraced the donation philosophy in recent years.

Events

Stay up to date on the latest events at Sparrow.

[Click here to see what's coming up!](#)

People News

Caregiver Spotlight



Patient Access Specialist at Sparrow Ionia Hospital **Shannon Kelly** was nominated for a Caregiver Spotlight honor for making sure the needs of Patients always come first. She may describe her job as "checking Patients in for outpatient care," but she makes a much larger impact.

Volunteer of the Month



The Sparrow Women's Board of Managers and the Sparrow Volunteer Services Department have named **Madison Mohr** of East Lansing the February Volunteer of the Month.

Mark your Calendars!

Sparrow Sports Medicine Practice

Sparrow Health Science Pavilion
2900 Hannah Boulevard, Suite B102
East Lansing

Our team, in collaboration with MSU Sports Medicine Physicians, specializes in sports concussion management and treatment of sports-related injuries for athletes of all ages. To schedule an appointment, call 517.364.8070.

Free Pancakes for a Good Cause? What could be better!

Tuesday, March 7 | 7 a.m. to 7 p.m.

The East Lansing IHCP and the Sparrow Foundation have partnered



Ingham County government employees win Sparrow's weight challenge

Sparrow's **Maintain Don't Gain holiday weight challenge** involved nearly 1,000 employees from 12 local organizations who competed to maintain their starting weights

between Thanksgiving and New Year's.



Ionia Caregivers fund Patient's trip home to Mexico

Sparrow Ionia Hospital Caregivers went above and beyond in providing quality, compassionate care by **financing a trip home to Mexico** for a terminally ill Patient.



First DAISY Award winner at Sparrow Carson Hospital

Carl Huntoon, RN, was nominated by two individuals for the DAISY Award because of his kind, considerate and understanding disposition when caring for

Patients.



Sparrow Ionia Hospital names DAISY Award winner

Sparrow Ionia Hospital has honored **Samantha Fletcher, RN**, with a DAISY Award for extraordinary Nurses in recognition of her Patient-centered approach to care.



Dr. Zaroukian named one of healthcare's 50 leading IT experts

Sparrow's Chief Medical Information Officer, **Michael Zaroukian, M.D.**, has been named one of healthcare's 50 leading IT experts by Health Data Management.



Walking the Pathway to Excellence

Nurses at Sparrow Clinton Hospital in St. Johns recently hosted a discussion with Nurses from Sparrow Ionia and Sparrow Carson hospitals about the **Pathway to Excellence designation**.

for National Pancake Day to raise money and awareness for the Sparrow Children's Center, a Children's Miracle Network Hospital. IHOP will give guests one free short stack of buttermilk pancakes and encourage them to donate at least what they would have paid for the pancakes to their local Children's Miracle Network Hospital like Sparrow. Join us for this great cause at the East Lansing IHOP at 2771 E. Grand River Avenue. For more information, visit IHOPpancakeDay.com.

Comprehensive Approach to Weight Loss

Wednesday, March 8 | 5:30-6:30 p.m.
Tuesday, March 21 | 5:30-6:30 p.m.
Sparrow Michigan Athletic Club, Wimbledon Room, East Lansing

To register for a class, 1.800.Sparrow (772.7769).

LifeTime Pilates Stretch

Thursday, March 16 | 9 a.m.
Sparrow Michigan Athletic Club, Wimbledon Room, East Lansing

Thursday, March 30 | 9 a.m.
Sparrow Michigan Athletic Club, Spartan Room, East Lansing

This class will combine standing, seated, and mat Pilates exercises with light stretching.

All events are free for LifeTime members. To register, call 1.800.Sparrow (772.7769) or visit Sparrow.org and click on "Events." For questions, please contact Katie Hubbard at 517.364.8146 or katie.hubbard@sparrow.org.

Ronald McDonald House of Mid-Michigan Run for the House 5K/10K

Saturday, March 18 | Delta Dental, Okemos

Registration 8:30 a.m., Kids ½ mile and sprint 9:30 a.m., 5K/10K run 10 a.m.

Cost: Kids 12 and under \$15, Adults \$35

To register, visit RMHMM.org/Events.

IRONMAC

Sunday, March 19 | 8 a.m. heat start
Sparrow Michigan Athletic Club
East Lansing

Swim, bike, run 20 minutes each
Compete individually or as a relay team
Cost: \$40 members, \$64 guests

For more information or to register, call 517.364.8800.

Sparrow Founders' Day Tea

March 21 and 22 | 1:30-3 p.m.

Hospital lobby across from the gift shop.

The 2017 Founders' Award honors community leader Zoe P. Slagle, Sparrow and the Women's Board of

Managers celebrates and thanks Zoe for her service and commitment to Sparrow Hospital. Join the celebration at our Founders' Day Teas.

Purple Day

March 26 is Purple Day, when wearing the color purple is encouraged to increase awareness about epilepsy. Sparrow is proudly participating in Purple Day. Although there is no cure for epilepsy, Sparrow is dedicated to achieving the correct diagnosis and providing the best care available.

Doctors' Day

Wednesday, March 30

Each and every day, Sparrow relies on its Physicians' commitment and tireless dedication to caring for our Patients.

Please join us in thanking our medical staff for their efforts to provide quality, compassionate care to everyone who walks through our doors.

Health Care at the Speed of Life

Sparrow FastCare has three convenient locations in Frandor, Okemos Meijer, and DeWitt Meijer. Each location offers convenient, affordable health care provided by Sparrow Nurse Practitioners and Physician Assistants. And you don't have to be a Sparrow patient to come in - just someone who wants exceptional care without a wait.

For more information, visit Sparrow.org/FastCare.

Editor

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